



Shine a Light For Scotland's Children

Your Guide to
Christingle 2025



aberlour
scotland's children's charity



Shine a Light For Scotland's Children

This year Aberlour Children's Charity are proud to commemorate 150 years of caring for disadvantaged children, young people and families across Scotland, recognising their rights to having a decent childhood.

In 1875 Canon Charles Jupp, founder of the Aberlour Orphanage wrote:-

"Every child has the ability and indeed the right to grow up and flourish in society, notwithstanding the origins of their birth."



Brave words that ring as true for us today as they did back then.

You can help us by holding a Christingle Service to raise funds for Scotland's children. This festive season, shine a light for children and families in desperate need. There are lots of fun ways to keep the Christingle light burning and this guide will give you some ideas, and perhaps inspire you to come up with your own.

Your support means more children and their families will receive the help they need. Thank you, and we send every blessing to you this Christmas.

The Meaning of Christingle

Over fifty years ago, Christingle, a traditional German service, was introduced to Anglican churches by The Children's Society. Since then, collections and donations given on the occasion of Christingle have enabled the charity to change the lives of thousands of vulnerable children and young people in England.

Since 1968, many churches in Scotland have celebrated Christingle and Aberlour has been fortunate to have benefited from many collections and donations marking this occasion.

The Christingle celebration is named after the Christingles that are lit during the service. Christingles are made from an orange decorated with red tape/ribbon, sweets and a candle. Your Christingle celebration is an opportunity to bring your community together and to experience the joy and wonder of this well-loved Christmas tradition.

Christingle 2025

Let's get creative!

There is no one way to hold a Christingle celebration, meaning that it's easy to adapt if you can't get together in person. The service usually includes prayers, readings, hymns and carols, and of course the lighting of the Christingles. Christingle was created with children in mind, and the celebrations are the perfect event for children and families and can be enjoyed by people of all ages, especially if they don't regularly attend church.

How to make a Christingle:

1. Fasten a red ribbon/tape around an orange
2. Cut a small cross into the top of the orange
3. Place a glow stick or candle in the cross
4. Load a mixture of dried fruit/sweets on to the cocktail sticks, ensuring the points are covered
5. Insert the sticks around the base of the glow stick/candle
6. Store upright in a cool place

Your Christingle Collections

If your church members would like to donate online you can do by visiting:

aberlour.org.uk/donate

It's secure, easy and simple for your members to let us know the congregation to whom they belong and Gift Aid their donation if eligible.

If you do have funds to pay in, you can do so in one of the following ways:

- Pay the funds into your own bank account then transfer the funds by using our safe online payment form at **aberlour.org.uk/donate**. You'll receive an email to confirm safe receipt and thank you for your donation.
- Pay the funds into your own account and send a cheque for the total made payable to:
Aberlour Children's Charity, Kintail House, Forthside Way, Stirling, FK8 1QZ
Please include a cover note with your name, church and contact address (so we can send you a receipt.)
- Pay the funds directly into our bank account by BACS using online banking or at a branch of Royal Bank of Scotland. If you choose this method, please use the name of your church and its location as a reference if you can. **Our bank account number is 00717041 and our sort code is 83 27 09.**

Thank you for supporting Aberlour!



Thank you!

If you have any questions about Christingle, Aberlour or simply fancy a chinwag, please give Anna a call on **07703 889505**.

If you reach her voicemail please leave a message and she'll get back to you - she may be away walking her cocker spaniel pup but she'll be in touch as soon as she can.

Thank you again for your belief in our work and ongoing support of Aberlour. We hope you have a happy, healthy and peaceful Christmas.

With every blessing.

Aberlour Children's Charity

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