

Activity Buddy – Fort William

Purpose and Aims of the role

Would you like to help young people engage in activities on a regular basis to build their skills and confidence?

We are looking for inspirational and motivated volunteers to help us run in-house activities, day trips and outings in our Aberlour Sycamore Service in Fort William. Volunteers will have a sense of fun and an interest in a variety of activities to help improve the outcomes and the health and social wellbeing of our young people.

At Aberlour Sycamore, we provide a stable home for vulnerable children who are unable to live with their families. We look after children who confront complex feelings every day, due to the experiences they have had in childhood. They may experience attachment issues and low self-esteem, as a result of trauma. We support them to understand and overcome their trauma and with our help, they can go on to live happy lives.

What will I be doing?

You can make a difference to the life of a young person by:

- Assisting staff with in-house activities and outings
- Supporting young people to participate in new experiences
- Supporting young people to try new activities
- Support staff to plan, prepare and run the outings and activities
- Helping young people to have fun
- Building young people's confidence and self esteem
- Being a positive role model

What skills can I bring to this role?

Volunteers can bring a range of skills and experience, including:

- A passion and enthusiasm for engaging young people in activities and supporting them to have new experiences
- Experience of working with young people
- A knowledge of issues affecting children and young people with additional support needs
- Good communication and listening skills
- Experience of building confidence and self esteem
- Ability to engage young people to take part in outings and have fun
- A genuine interest in the well-being of young people

What qualities do I need?

Volunteers would benefit from having:

- Ability to encourage and motivate young people to participate in activities
- To have a positive and encouraging approach to young people.
- To have a non-judgmental approach to people, have empathy
- Be enthusiastic, motivated, flexible and committed
- Reliable, approachable and friendly
- Patient, helpful and understanding
- To have a good value base, be open minded and level headed

When will I be needed?

- Activities can be during evenings, weekends and school holidays. This may be fortnightly or monthly.

Location

We have residential service is based in Fort William. Out of pocket travel expenses will be paid.

What will I gain from the role?

- A sense of satisfaction in helping young people build their confidence and self-esteem to achieve their full potential
- Supporting young people to flourish
- Practical experience of working with young people
- Have fun!

What support will I be given?

- Induction and specific training relevant to the role, including Child Protection
- Ongoing support and supervision

Additional Information

Due to Health and Safety requirements you must be at least 16 years of age to undertake this volunteering role.

For all roles involving regulated work with children and/or protected adults, Aberlour will require the applicant to submit a PVG Scheme Record or a PVG Scheme Record Update application. This opportunity is subject to the completion of satisfactory references and successful registration on the PVG Scheme.

Contact Details

Shonagh Ferguson | Volunteer Coordinator (North)

volunteering@aberlour.org.uk | 07864 625069